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### MEDICINE IS A SCIENCE OF UNCERTAINTY AND AN ART OF PROBABILITY

### - WILLIAM OSLER





### CLINICAL HISTORY

□A 22-year-old woman who presented with an intra-uterine foetal death at 40 weeks gestation with no known causes.

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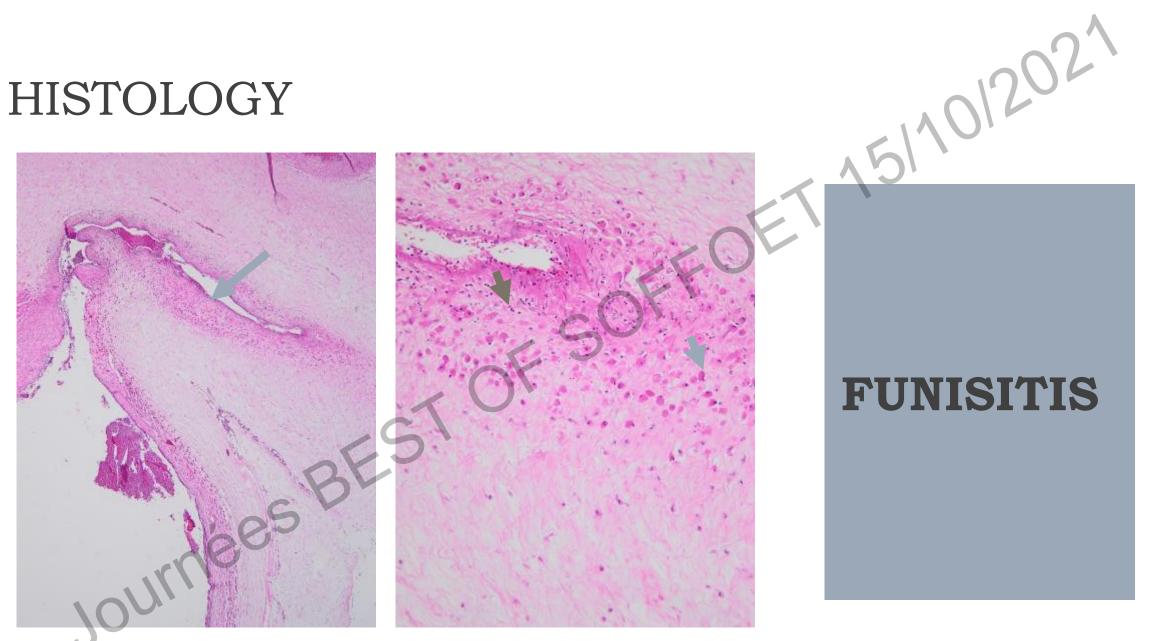
She was a booked patient with normal booking bloods and no chronic diseases.

She attended and followed up at the antenatal clinic with good compliance.

She presented at the obstetrics emergency with a history of no foetal movements. Clinical and ultrasound assessment confirmed an intrauterine foetal death.

# MACROSCOPICALLY

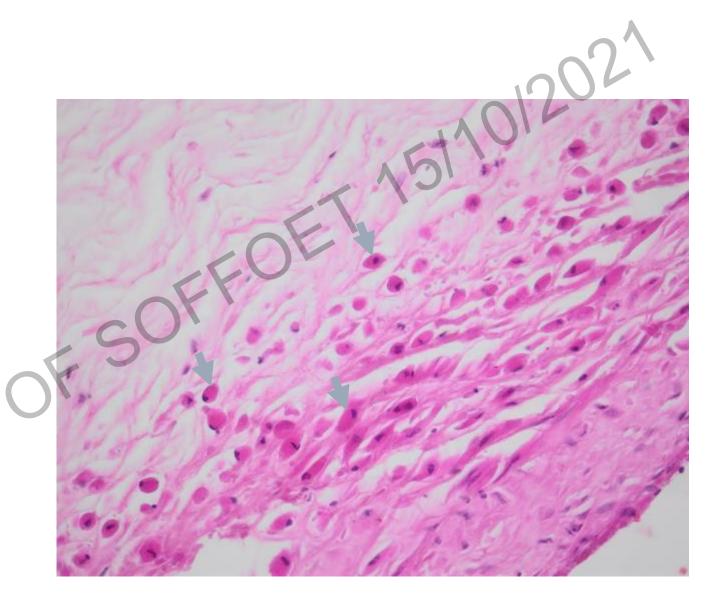
Placental weight was 317g (n:442g) Umbilical cord insertion was marginal There was hypocoiling of the cord

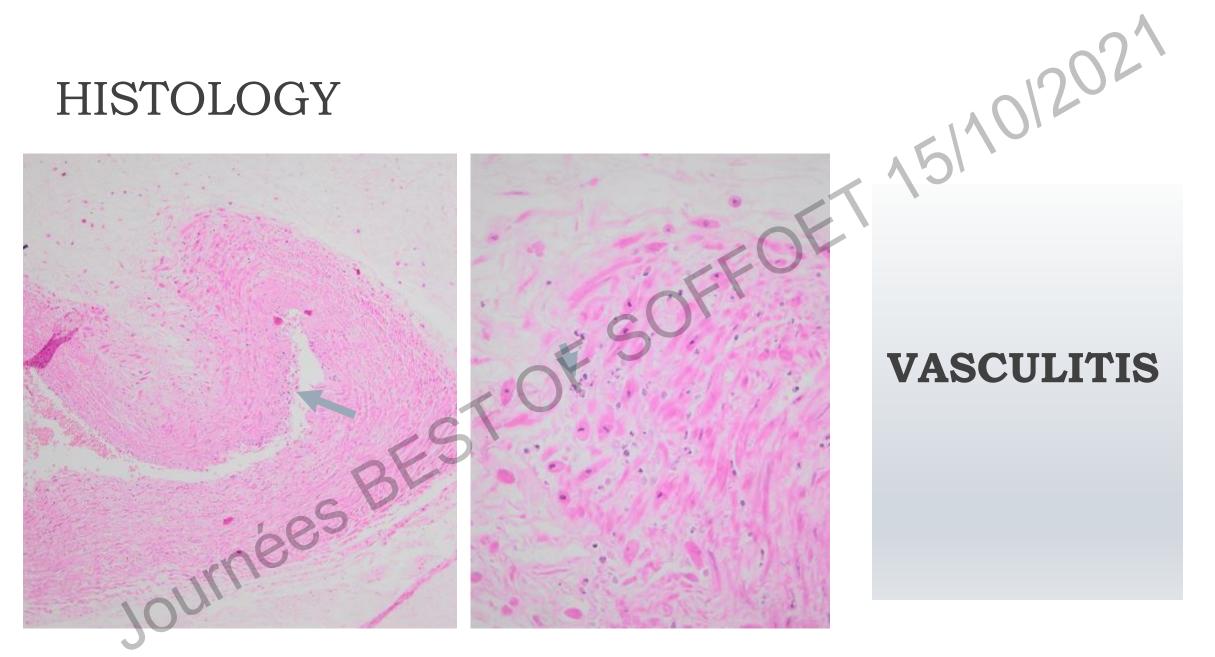


### **FUNISITIS**

muscle cells
appear rounded up
& show eosinophilic
cytoplasmic
degeneration (ECD)

□There is nuclear pyknosis, discohesion +/even disappearance.

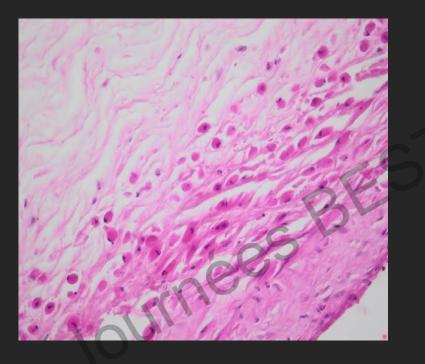






ACA (ACUTE CHORIOAMNI **ONITIS**) **MATERNAL** RESPONSE

### MECONIUM-ASSOCIATED UMBILICAL VASCULAR MYONECROSIS





# DISCUSSION

Intrauterine passage of meconium is common, occurring in approximately 10–15% of term births.

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- Long-standing meconium exposure may result in meconium in the umbilical cord as well and has been reported to result in myonecrosis of umbilical vascular smooth muscle,
- Chronic meconium exposure is reflected by brown discoloration of the membranes on gross exam, ballooning degeneration of the amniotic epithelium, and meconium-laden macrophages located deeply in the subamniotic connective tissue and Wharton's jelly of the umbilical cord
- Meconium is a vasoconstrictor and in the fetal cord arteries it may alter placental perfusion.

# DISCUSSION

- > MAVN is associated with adverse perinatal outcome as it represent preceding vasocontraction and fetal hypoperfusion.
- > Cases of cerebral palsy/neurological impairment reported
- Cases of foetal distress, IUGR, IUFD, chorioamnionitis, isolated funitis have been reported
- The causal association for meconium production is uncertain however, some investigators have found an association between elevated motilin and other intestinal hormones and fetal distress

## DISCUSSION

> Meconium pigment diffuses into the connective tissue of the chorionic plate, through the Wharton's jelly and in between the myocytes of the vascular smooth muscle of the umbilical cord.

> Vasoconstriction, toxins, and cytokines have been implicated in vascular media injury

>On microscopic examination, meconium pigment can be identified in macrophages.

> The muscle cells round up and show eosinophilic cytoplasmic degeneration (ECD), nuclear pyknosis, discohesion or may even disappear.

> There is rounding up of peripheral vascular smooth muscle cells in large chorionic and umbilical fetal vessels.

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# CONCLUSION

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>MAVN is an important lesion with detrimental fetal outcomes, therefore a clinical history of meconium should trigger a meticulous search for meconium and specifically MAVN.

## REFERENCES

Cimic, A. and Baergen, R. N. (2016) 'Meconium-Associated umbilical vascular myonecrosis: Correlations with adverse outcome and placental pathology', *Pediatric and Developmental Pathology*, 19(4), pp. 315–319. doi: 10.2350/15-06-1660-OA.1.

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# THE END



## "It always seems impossible until it's done."

### - Nelson Mandela